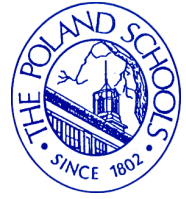




## **Poland Seminary High School Athletic Department**

*Brian Banfield, Assistant Principal – Athletic Administrator*  
3199 Dobbins Road  
Poland, Ohio 44514  
Phone – (330) 757-7021  
Fax – (330) 757-7027  
Email – [BBanfield@PolandSchools.org](mailto:BBanfield@PolandSchools.org)



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*All Physicals will be in the Girls Varsity Locker Room. Please enter through the Field House Lobby.*

### **Physical Dates and Schedule**

#### **June 13<sup>th</sup> (All Football Athletes and First Time Athletes)**

<b>12:00-12:30</b>	<b>Senior's</b>
<b>12:30-1:00</b>	<b>Junior's</b>
<b>1:00-1:30</b>	<b>Sophomores (Arrive at 12:00 for Impact Testing)</b>
<b>1:30-2:00</b>	<b>Freshman</b>
<b>2:00-2:30</b>	<b>MS (Arrive at 1:00 7<sup>th</sup> Graders for Impact Testing)</b>

#### **June 20<sup>th</sup> (Non Football Athletes)**

<b>12:00-12:30</b>	<b>Senior's</b>
<b>12:30-1:00</b>	<b>Junior's</b>
<b>1:00-1:30</b>	<b>Sophomores (Arrive at 12:00 for Impact Testing)</b>
<b>1:30-2:00</b>	<b>Freshman</b>
<b>2:00-2:30</b>	<b>MS (Arrive at 1:00 7<sup>th</sup> Graders for Impact Testing)</b>

Parents and Athletes,

Please make sure the physical packet is signed by the athlete and parent before seeing Dr. Black. No Signature No Physical.

Thank you,

Brian