

Resources for Parents after Tragedy

How to Talk to your Child and Help Ease Anxiety

National Center for School Crisis and Bereavement

Talking to Kids About Tragedies such as school shooting

<https://www.schoolcrisiscenter.org/resources/talking-kids-about-tragedies/>

American School Counseling Association

Helping Kids After a Tragedy

<https://www.schoolcounselor.org/school-counselors/professional-development/learn-more/shooting-resources>

Child Mind Institute

Scared Kids, How to Deal with Fear, Getting Over Fear

<https://childmind.org/article/helping-children-cope-frightening-news/>

PBS Parent

Talking With Kids About the News

<http://www.pbs.org/parents/talkingwithkids/news/talking.html>

Preventing Social Isolation

Child Mind Institute

Helping your Child Make Friends

<https://childmind.org/article/kids-who-need-a-little-help-to-make-friends/>

Understood.Org

How to Help Your High Schooler With Loneliness

<https://www.understood.org/en/friends-feelings/managing-feelings/loneliness-sadness-isolation/how-to-help-your-high-schooler-with-loneliness>